

**ST. PAUL THE APOSTLE CHURCH**  
*3224 Dundas Street West, Toronto*

**DAY TRIP TO**  
**MOUNT CARMEL SPIRITUAL CENTRE**  
**& NIAGARA FALLS**

**Tuesday, August 8<sup>th</sup>**

**\$50.00 per person**

**Departure from St. Paul the Apostle Church – 8:00 am**

**11:15 am - 3:00 pm**

**Visit at Mount Carmel Spiritual Centre**

**This will include:**

- **Mass**
- **a short talk given by Fr. Christopher Kulig, O. Carm**
- **a 4-course lunch**
- **time to browse at the Monastery Store, Wine Boutique & Grounds of the Centre**

**3:00 pm to 5:00 pm**

- **Free time at the Falls/Gift Shops**

**Returning to St. Paul the Apostle Church at 7:00 pm**

*(one stop may be permitted for breaks)*

*For more information or tickets,  
please call the Parish Office at 416-767-7054*