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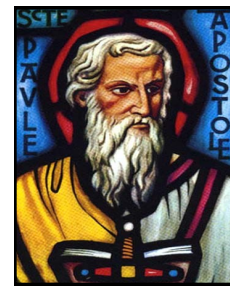
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St. Paul the Apostle Maltese-Canadian Parish

3224 Dundas Street West,
 Toronto, Ontario M6P 2A3
 Tel 416-767-7054

Email: stpaultheapostleto@archtoronto.org

20TH SUNDAY IN ORDINARY TIME

Gospel Summary

In today's Gospel, the Jews continue to struggle with Jesus' words. Jesus again says that he is the living bread that has come down from heaven, and adds that we must eat his flesh and drink his blood in order to have eternal life. The Jews, thinking in literal terms, do not understand what this means or how this can happen.

Reflection for Parents

The Real Presence of Christ in the Eucharist is indeed a mystery of faith. In a world where answers to questions and explanations of how things work can be researched in an instant, it can be difficult to sit with such a mystery. Do you ever say to your child, "I don't know", "I don't understand why", or "I don't have an answer to that question"? Do you ever look your child in the eye and say, "I have faith in God." Take some quiet time to think about the mysteries of faith and your own unanswered questions, hopes, and dreams. Then pray, "Lord, help me live with the mysteries. Lord, increase my faith in you."

Bringing the Good News Into Your Family

This week's Gospel offers a description of what is at the heart of the Eucharistic feast. We eat Christ's Body and we drink Christ's Blood. Yet there is much more to the meal. Choose a night this week to share a family dinner and to then talk about how your family was fed at the meal. Did you thank and affirm one another? Did you listen to the stories told and to the events of each person's day? How did such sharing and conversation nourish you? Talk about the similarities between the meal you just shared and the Eucharistic meal shared with those in your parish family.

Discussion Starters

1. If I could ask God one question today, it would be . . .
2. One thing I can do to remain in Jesus is . . .
3. To me, the Eucharist is . . .

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Visit Our Website

You can register for Sacraments, become a member of our parish community, get information on upcoming events, and much more. Visit our website at stpaultheapostleto.archtoronto.org or simply scan the QR code below.



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Pastoral Team
 Fr. Roy Francis Farrell
 Pastor
 Deacon Raymond Frendo
 Permanent Deacon

MASS SCHEDULE
Daily morning Mass:
 Monday, Wednesday & Friday
 9:15am (Maltese/English)
 Tuesday & Thursday
 9:15am (English)
Weekend Masses:
Saturday: 4:30pm (English)
Sunday:
 9:00am (English)
 10:30am (Maltese/English)
 12:00pm (English)

Weekly Adoration of the Blessed Sacrament: Every
 Wednesday 7:00 pm - 8:00 pm

Secretary
 Mrs. Rita Apalit

OFFICE HOURS
 Monday to Friday
 9:00am to 4:30pm
 (Priest is always available by appointment)

SACRAMENTS
Baptism: Please contact the priests. Baptisms are held on the first Saturday of the month at 10:30am
Marriages: Contact the priest one year in advance of the wedding. A marriage preparation course is mandatory.
Sacrament of Reconciliation:
 First Friday: 8:40am to 9:10am
 Saturdays: 4:45pm to 5:15pm
 Anytime by appointment.
Anointing of the Sick:
 Contact the priests. Parishioners are reminded that this is not a sacrament that should be left for the last possible minute. It is a Sacrament for the sick, not just for the dying.

August 18, 2024

Mass Intentions

Saturday, August 17

- 4:30pm
 • +Richard Bielecki

Sunday, August 18

- 9:00am
 • +Peter Galea
- 10:30am
 • +George Pulo
 • +Carmel & Edmond Scicluna
 • +Marlene Abela
 • +Emanuella Haber
- 12:00 noon
 • +Maria Fenech

Monday, August 19

- +Eileen & James McAleenan

Tuesday, August 20

- St. Bernard, Abbot & Doctor of the Church*
 • +Emmanuel Sammut & Reno Mallia

Wednesday, August 21

- St. Pius X, Pope*
 • +Mohan & Agnes Rajendra

Thursday, August 22

- The Queenship of the Blessed Virgin Mary*
 • **No Mass** - Parish Trip

Friday, August 23

- +Mary Cristina

*From the
Pastor*



As we enjoy the remaining days of summer, let's take a moment to reflect and prepare for the upcoming fall season. It's a time of transition and renewal, and I encourage everyone to make the most of these beautiful days.

I will visit Malta and Gozo from October 2nd to 12th and will stay at St. Agatha's Convent. I look forward to this trip and will keep you all in my prayers during my visit.

This weekend, as our seminarians leave the parish, we ask for your continued prayers for their journey and growth in faith. Your support

means a lot to them and to our community.

There are still spaces available for our bus trip to Buffalo on August 22nd. If you are interested, please call the parish as soon as possible to reserve your spot. It promises to be a day of fellowship and fun.

If you know any adults who wish to become Catholic, please encourage them to call the parish office for more information or speak directly to me. We are here to support them on their spiritual journey.

For families with members who will receive Holy Communion and Confirmation in 2025, please call the parish office to register them. Early registration helps us plan and prepare for these important sacraments.

Our parish needs catechists for First Holy Communion and Confirmation. If you are considering this rewarding role, please speak to Fr. Roy or the parish office for further details. Being a catechist is a beautiful way to grow and share your Catholic faith with others. If you know someone who might be interested, please encourage them to volunteer. Several volunteers can work together to make this a fulfilling experience.

Please keep those who are sick at home or hospitalized in your prayers. Your prayers and support are a source of comfort and strength for them.

We also need ministers of Communion who will visit those who are sick at home and would like to receive Holy Communion. If you are interested in this ministry, please speak to Fr. Roy.

Thank you for your continued support and prayers. May God bless you and your families.

In Christ,

Fr. Roy

VOCATION REFLECTION Today's Gospel asks for us "How can this man give us His flesh to eat?" Through the mystery of Eucharistic consecration we partake of the "living bread". In faith we can also respond to God's invitation to be his priest, religious or deacon. If you can, call **Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.**

Email: vocations@archtoronto.org

Website: www.vocationstoronto.ca

STEWARDSHIP REFLECTION: In the Gospel, we hear of the crowds who were wrestling with the words of Jesus from the previous week's Gospel, as he reveals himself to be the bread from heaven. They were not able to understand how Jesus could give them his flesh to eat, and instead of taking back his words, Jesus tells them: "Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you." These words of Jesus in today's gospel were difficult to hear, and the crowd began to quarrel among themselves trying to understand what Jesus meant. How could Jesus give them his flesh to eat and his blood to drink? The Jewish people lacked the faith and understanding to be able to accept this teaching, and many left Jesus as a result. There is a famous saying that says the longest journey one takes is that from the head to the heart. To be able to transform what we hear and know to that which we believe is one of the greatest challenges in the Christian life. Paul understood deeply that this pursuit of wisdom is a noble one, as he urges the church in Ephesus to strive to be wise, to leave ignorance and pursue understanding of the will of the Lord. The first reading from the book of proverbs reiterates this, saying "forsake foolishness that you may live; advance in the way of understanding." What is our response when we encounter difficult teaching? It is easy as the crowds did to leave and live-in ignorant bliss, but what is truly more noble is to wrestle with the truth. How are we seeking the truth in our life? Do we ask Jesus for the gift of faith, understanding and wisdom, especially when we approach the life-giving sacrament of the Eucharist? Let us try this week to learn something new about our faith, researching a question we may have been struggling with, and sharing what we've learned with someone.

When the people were hearing the teaching on the Bread of Life, they had a difficult time understanding how Jesus is the bread of life, and as a result many left. To understand and to have faith in the words of Jesus is not always easy, and yet it is our duty as Christian stewards to seek and understand truth. As Christian stewards, let us seek always the Truth that comes from God, allowing the Eucharist we receive to be a source of faith and understanding.

Taken from excerpts from the Archdiocese of Toronto website.

ShareLife

Thank you for your ongoing support and generosity.

Thus far we have raised **\$8,635.00** toward our goal of **\$16,000.00**. Please give at the parish using a ShareLife envelope, online through our parish website, or at sharelife.org/donate.



**DO YOU ENJOY
WORKING WITH
CHILDREN AND
YOUTHS?**

**CONSIDER BECOMING A LITURGY
TEACHERS AND/OR CATECHIST.**

We anticipate that classes in preparation for the Sacraments of First Holy Communion and Confirmation will begin in the Fall, while Children's Liturgy presently takes place every Sunday morning during the 9:00 Mass.

If you are interested in volunteering, or would like more information, you may contact the parish office at 416-767-7054.

Save the Date!!

Our Annual Parish Anniversary Dinner-Dance will be held on Saturday, September 28th.

MORE INFORMATION TO FOLLOW.

PARISH TRIP NEWS

We still have about a dozen seats available for our upcoming trip to Our Lady of Victory Shrine in Lackawanna, New York on Thursday, August 22nd. If you haven't booked yet, and are interested in joining us, please call the parish office as soon as possible

Due to this trip, the church and parish office will be closed for the day, and the morning Mass will be cancelled.