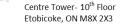


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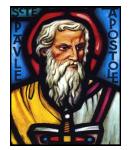
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Pastoral Team

Fr. Roy Francis Farrell *Pastor*

Deacon Raymond Frendo Permanent Deacon

MASS SCHEDULE

Daily morning Mass:

Monday, Wednesday & Friday 9:I5am (Maltese/English) Tuesday & Thursday 9:I5am (English)

Weekend Masses: Saturday: 4:30pm (English)

Sunday: 9:00am (English) 10:30am (Maltese/English) 12:00pm (English)

Weekly Adoration of the Blessed Sacrament: Every Wednesday 7:00 pm - 8:00 pm

Secretary

Mrs. Rita Apalit

OFFICE HOURS

Monday to Friday 9:00am to 4:30pm (Priest is always available by appointment)

SACRAMENTS

Baptism: Please contact the priests. Baptisms are held on the first Saturday of the month at 10:30am

Marriages: Contact the priest one year in advance of the wedding. A marriage preparation course in mandatory.

Sacrament of Reconciliation: First Friday: 8:40am to 9:10am

Saturdays: 4:45pm to 5:15pm Anytime by appointment.

Anointing of the Sick:

Contact the priests. Parishioners are reminded that this is not a sacrament that should be left for the last possible minute. It is a Sacrament for the sick, not just for the dying.

June 23, 2024

St. Paul the Apostle Maltese-Canadian Parish

3224 Dundas Street West, Toronto, Ontario M6P 2A3 Tel 416-767-7054

Email: stpaultheapostleto@archtoronto.org

12TH SUNDAY IN ORDINARY TIME

Gospel Summary

Many people believe that Mark tells this story of the storm at sea to the people of the early Church for a specific purpose. As the story unfolds, Jesus has just left the crowds of Galilee with his disciples and is crossing the Sea of Galilee. Jesus has fallen asleep in the bow of the boat when a sudden storm comes up threatening to capsize the boat. The disciples wake Jesus hoping that he will help save them. The first thing Jesus does is calm the storm. Once the immediate danger is over, he then turns to the disciples and wonders why their faith is so weak.

Reflection for Families

As much as we would like to eliminate the storms in our children's lives, we really do them a disservice by not letting them learn to navigate on their own. How do we teach them this? Much as we don't always like to admit it, our children learn the most by watching us. What do our children learn from observing us in stormy weather? If we're honest, we can probably say we don't always mean to show them what they see; but maybe the most important thing they can learn is that we're trying. Even if we "lose it" (and our temper sometimes) they can still witness us coming back to God for help. Maybe they can see us in prayer, or maybe we can invite the family to pray together for a solution to the problem.

Bringing the Gospel Into Your Family

The next time your family shares a meal together, talk about people you know who are going through some "stormy" times. Maybe it is a neighbor, a relative, friend, or maybe even someone sitting at the table. As a family, think of some ways you might help calm the storm. Commit to some action and be diligent in your follow-through

Discussion Starters

- 1. My first reaction to storms in my life is to...
- 2. One time I saw someone handle a difficult situation. This is what I remember...
- 3. I was able to help someone in need once when I...

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Visit Our Website

You can register for Sacraments, become a member of our parish community, get information on upcoming events, and much more. Visit our website at stpaultheapostleto.archtoronto.org or simply scan the QR code below.

Mass Intentions

Saturday, June 22 4:30pm

+Christina & Charlie Cini

Sunday, June 23 9:00am

+John Logan

10:30am

- +Emanuel Cutajar
- +George Pulo
- +Nenu Dingli
- +Carmel & Edmond Scicluna
- +Carmena & Joseph Scicluna
- +Anthony & John Sultana
- +Emanuel Mercieca

12:00pm

+Maria Fenech

Monday, June 24

The Nativity of St. John the Baptist

+Laiq Smith

Tuesday, June 25

+Paul Delicata

Wednesday, June 26

+Joyce & Jane Tonna

Thursday, June 27+Doris Micallef

_ _

Friday, June 28

St. Irenaeus, Bishop & Martyr

+Joe Fenech

From our Pastor's Desk...

It filled my heart with joy to witness the confirmation of our young parishioners this past Friday evening. Their commitment to our faith is a beacon of hope for our community's future. It is essential that we, as a parish, continue to nurture this flame by encouraging our youth to attend Mass every Sunday and to seek deeper involvement within our parish life.

I am also delighted to welcome the many new faces joining our St. Paul's family. As fellow parishioners, it is our joyful duty to extend a warm embrace to all newcomers, fostering a spirit of unity and fellowship.

In the hustle of our daily lives, we may sometimes overlook the call of our baptism—to be witnesses of our faith and to offer support to those whose faith may waver. Let us remember that our presence at Mass, even amidst the allure of summer's warmth, remains a cornerstone of our spiritual journey.

With many of us traveling during these sunny months, I encourage you to consider the convenience of Pre-Authorized Giving (PAG). This method of contribution helps ensure the financial stability of our parish, allowing us to continue God's work without interruption.

Furthermore, as we dress for the summer weather, let us also dress for the Lord. While our parish maintains a respectful approach to attire, let us uphold the tradition of presenting our Sunday best as a sign of reverence and respect during Mass.

Confession is a profound sacrament that cleanses and rejuvenates the soul. I urge each of you to partake in this sacrament regularly, especially when we recognize our shortcomings in upholding the Ten Commandments.

Lastly, the vitality of St. Paul's is greatly enriched by the dedication of our volunteers. If you feel called to share your time and talents, please have a conversation with Father Roy. Your contributions are invaluable to the life of our parish.

Serving as your pastor is an honour and a privilege. Your steadfast dedication, devotion to our Catholic faith, and eagerness to build a vibrant community are truly inspiring. May we continue to support and pray for one another.

In Christ's love,

Fr. Roy

STEWARDSHIP REFLECTION Life, by its very nature, is filled with storms and difficulties. More than once in the Gospel do we hear about Jesus calming a storm. In the Gospel passage today we are invited to reflect on the account of Jesus asleep on the boat while the storm raged all around. We can use our imagination to create the scene of this episode in our minds. Presumably the storm was violent and loud, yet the Lord did not rise from his sleep. Moreover, the disciples in their panicstricken state were likely yelling and making noise as they tried to steer the boat through the waves. Lastly, the intensity of the storm likely meant that waves, wind and rain would have been beating against Jesus' sleeping body, yet he remained asleep. However, when the disciples turned to Jesus for help, Jesus immediately wakes up and calms the storm with three words: "Peace! Be still!" In the midst of the storms of our lives, when we think we are all alone, we should realize that Jesus is with us through it all. Instead of panicking, we should strive to be still and peacefully take the time to turn to God and ask for help. This should be the first thing we do before we even try to solve the problem ourselves. Being a merciful and loving Father, God will not delay in coming to our aid.

In Gospel today we hear the account of Jesus asleep on the boat despite a harrowing storm raging all around. Jesus slept through the wind, waves, rain, and noise, but awoke immediately when the disciples came to Him for help. In the midst of the storms of our lives, when we think we are all alone, we should turn to Jesus for help and He will speedily come to our aid.

Taken from excerpts from the Archdiocese of Toronto website.

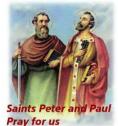


WE ARE SEEKING LITURGY **TEACHERS AND** CATECHISTS!!

We anticipate that classes in preparation for the Sacraments of First Holy Communion and Confirmation will begin in the fall, while Children's Liturgy presently takes place every Sunday morning during the 9:00 Mass.

If you would like to help by becoming a Liturgy Teacher or Catechist please contact the parish office at 416-767-7054.





Bishop Ivan Camilleri will celebrate Mass at our Parish on Saturday. June 29th at 9:15 am, to commemorate the Feast of St. Peter and St. Paul.

A reception will follow in the Lower Hall.

VOCATION REFLECTION Jesus brought

peace to the wind and the sea. "Peace! Be still!" Many are searching for this peace and need your help to find Jesus. Would you be willing to proclaim the truth of God's love and presence in your life as a priest, religious or permanent deacon?

If you think God is calling you, call **Fr. Matt** McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

vocations@archtoronto.org www.vocationstoronto.ca

SL ShareLife 12th Sunday in Ordinary Time

Your generous heart provides for hungry children.

Through your support for ShareLife, Canadian Food for Children, a ShareLife-funded agency, provides hungry children in vulnerable communities clothing, shoes, and nutritious food. Thank you for joining the fight against hunger by sharing your blessings.

Thus far we have raised \$8,370.00 toward our goal of \$16,000.00. Please give at the parish using a ShareLife envelope, online through our parish website, or at ShareLife.org/donate.

As a Catholic, prayer is essential for nurturing your spiritual life. Let's explore some tips on how to pray effectively and delve into the beautiful practice of Lectio Divina.

Tips for Better Prayer as a Catholic:

Adoration: Begin with a prayer of adoration. Express your love and awe for God. You can use your own words or recite a biblical passage like Psalm 18: "I love you, O Lord, my strength." Attending Mass also allows you to practice different types of prayer, including adoration.

Contrition: Offer a prayer of contrition, acknowledging your sins and seeking forgiveness. Use heartfelt words like, "Lord Jesus, Son of God, have mercy on me, a sinner."

Thanksgiving: Express gratitude to God. Thank Him for specific blessings or simply say, "Thank you, God, for taking care of me." A traditional Catholic thanksgiving prayer is: "Thanks be to Thee, my Lord Jesus Christ, for all the benefits that Thou hast given me."

Supplication: Present your requests to God. Share your needs, desires, and concerns. Remember that prayer is a conversation with God, so speak from your heart.

Lectio Divina (Praying with Sacred Scripture):

Lectio Divina is an ancient Christian practice that involves meditating on Scripture. Here are the basic

Read: Choose a short passage from the Bible (preferably a Gospel passage). Read it carefully, perhaps multiple times.

Reflect: Meditate on a word or phrase that resonates with you from the passage. Consider its deeper meaning and how it speaks to your heart.

Respond: Pray to God based on your meditation. Share your thoughts, feelings, and desires with Him. Rest: Contemplate God's presence and rest in His embrace. Allow His Word to transform you.

Remember, there's no one-size-fits-all approach to prayer. Your relationship with God is unique, and prayer is your personal conversation with Him.