

**STEWARDSHIP REFLECTION** The Catechism says that the “mystery of the Most Holy Trinity is the central mystery of Christian faith and life ... It is therefore the source of all the other mysteries of faith” (CCC 234). As Christians, we profess the mystery of the Trinity every time we make the sign of the cross, in the name of the Father, and the Son and the Holy Spirit. The practice of signing ourselves with the cross is an ancient tradition that likely dates back to the time of the Apostles. Around the year 200, Tertullian wrote that “we Christians wear out our foreheads with the sign of the cross.” By signing ourselves, we are joining the countless saints that have gone before us. We can be a witness to the world whenever we sign ourselves in public. For example, the next time we eat in public let us strive to make the sign of the cross as we pray our grace before meals. Additionally, often times the sign of the cross is the quickest prayer we can muster in times of great stress. St. Francis de Sales, Doctor of the Church, recommends that we “make spiritual aspirations to God by short, ardent movements of [our] hearts.” We can do this by invoking all three persons of the Trinity and marking ourselves with the cross, which is the sign of our salvation. Therefore, the next time we experience a difficult moment let us not despair but boldly make the sign of the cross. This will allow us to continually raise up our minds and hearts to the Blessed Trinity, the greatest mystery of our faith.

Today is the Solemnity of the Most Holy Trinity which we profess every time we make the sign of the cross saying “in the name of the Father, and the Son and the Holy Spirit.” St. Francis de Sales recommends that we “make spiritual aspirations to God by short, ardent movements of [our] hearts.” Therefore, the next time we experience a difficult moment in our lives or ministries, let us not despair but boldly invoke all three persons of the Trinity and make the sign of the cross

*Taken from excerpts of the Archdiocese of Toronto website.*

**VOCATION REFLECTION** God the Father, Creator; God the Son, Redeemer; God the Holy Spirit, Sanctifier. When we go out to “make disciples of all nations”, we have a lot to tell! God is present everywhere.

Would you be willing to proclaim the truth of God’s love and presence in your life as a priest, religious or deacon? If so, call **Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.**

## PARISH REGISTRATION

Why it is Important? Your registration to the church significantly helps several processes in church including requirements for Baptism, Confirmation and Wedding. It also helps the Pastor and the parish office in providing you with Priest Reference when you need it.



**Next Collection  
is June 2nd.**

### **Your ShareLife support goes beyond borders**

ShareLife isn’t just local. Your ShareLife gift extends mercy and justice to people beyond our borders by supporting the humanitarian projects of our agencies, particularly those that prioritize taking care of hungry children in vulnerable communities.

“We are so incredibly grateful to you, ShareLife and your supporters, for your steadfast commitment to our vision that no child should go hungry in this world of plenty. On behalf of all the children you have helped, thank you.” – *Keli Marshall, Mary’s Meals Canada*

Thus far we have raised \$4,930.00 toward our goal of 16,000.00. Please give at the parish using a ShareLife envelope, online through our parish website, or at [sharelife.org/donate](http://sharelife.org/donate).

**St. Paul the Apostle Maltese-Canadian Parish**

**3224 Dundas Street West, Toronto**

**Day Trip to  
Martyr's Shrine  
in Midland**

**Friday, June 7th**

Departure from St. Paul the Apostle Church at 8:00 am

**Activities will include:**

- Visit St. Marie on the Huron
- Mass at Shrine Church (Church of St. Joseph)
- Lunch (at local restaurants)
- Presentation by a Member of Martyr Shrine
- Shrine Shoppe/Free Time

Returning to St. Paul the Apostle Church at 7:00 pm (approx.)

Tickets are \$30.00 per person and  
may be obtained by calling the  
parish office at 416-767-7054.

